Product Allergen Guide

Customer information covering 121 reviewed products and variants.

Important: Recipes, suppliers and packaging can change. If you or the recipient has a food allergy or intolerance, always check the ingredient and allergen information on the product received before eating it. This guide is a summary of our reviewed information and is not a substitute for the product label.

How to read this guide

- **Contains** lists allergens explicitly declared in the completed review record.
- **Precautionary statement** keeps “may contain”, shared-factory, shared-bakery and similar wording separate from declared ingredients.
- **Dietary / free-from claims** are only included where stated on packaging or an approved source. A missing claim does not imply suitability.

Where packaging uses broad wording such as “nuts” or “tree nuts”, the guide keeps that wording rather than guessing individual nut types. “No precautionary statement recorded” means only that no separate statement was recorded in the completed review; it does not guarantee absence of cross-contamination risk.

0-9

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
10 Speciality Tea Bags SD Bells	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
60% Dark Chocolate Covered Figs Forest Feast 140g	Soya	Our chocolaterie also handles milk, peanuts & nuts.	Vegan; Gluten Free
60% Dark Chocolate Sour Cherries Forest Feast 120g	Soya	Our chocolaterie also handles milk, peanuts and nuts.	Vegan; Gluten Free

B

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Baked Chocolate Brazils Forest Feast 120g	Brazil Nuts; Milk; Soya	Our roastery and chocolaterie also handle peanuts and other nuts.	Vegetarian; Gluten Free
Barista Roast Coffee Bags SD Bells x10	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Bear Fruit Gently Baked Pineapple 35g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	Vegan Friendly; Sulphite-free fruit; No Preservatives
Box of 80 Tea Bags SD Bells	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Boxed GF Ridgecut Gourmet Crisps Irish Salt & Vinegar 90g	Milk	No precautionary statement recorded in this review.	GLUTEN FREE. Suitable for Vegetarians.
Brownlee Damson Preserve 220g	Milk	Prepared in a factory which handles nuts.	Gluten free.
Butlers Christmas Chocolate Collection 240g	Milk; Hazelnuts; Soya	This product may contain traces of cereals containing gluten.	-
Butlers Milk Chocolate Flake Truffles 200g	Milk; Soya	This product may contain nut traces.	-
Butlers Milk Truffle Chocolate Bar 75g	Milk; Soya	This product may contain traces of nuts and cereals containing gluten.	-
Butlers Mint Chocolate Truffle Bar 75g	Milk; Soya	This product may contain traces of nuts and cereals containing gluten.	-
Butlers Platinum Chocolate Collection 410g	Milk; Hazelnuts; Almonds; Soya	This product may contain traces of cereals containing gluten.	Suitable for vegetarians; No palm oil; There is no alcohol in this selection.
Butlers Salted Caramel Collection 240g	Milk; Hazelnuts; Soya	No precautionary statement recorded in this review.	-
Butlers Salted Caramel Truffle Chocolate Bar 75g	Milk; Soya	This product may contain nut traces.	-

C

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Cadbury Dairy Milk Buttons Large Egg 190g	Milk	MAY CONTAIN NUTS.	-
Cadbury Milk Buttons Egg 90g	Milk	MAY CONTAIN NUTS.	-
Cadbury Mini Eggs Egg 95g	Milk	MAY CONTAIN NUTS.	-
CanBech Pairings for Cheese - Black Figs with Australian Macadamia Nuts and Jamaican Allspice 31g	Macadamia nuts	May contain traces of ALMONDS, PISTACHIOS, MACADAMIA NUTS and other TREE NUTS.	-
CanBech Pairings for Cheese - Black Grapes with Majorcan Almonds 33g	Almonds	No precautionary statement recorded in this review.	-
CanBech Pairings for Cheese - Golden Apples with Pistachios and Cinnamon 30g	Pistachios	May contain traces of ALMONDS, PISTACHIOS, MACADAMIA NUTS and other TREE NUTS.	-
CanBech Pairings for Cheese - Peaches & Apricots with Goji Berries and Guatemalan Cardamom 29g	Sulphites	May contain traces of ALMONDS, PISTACHIOS, MACADAMIA NUTS and other TREE NUTS.	-
CanBech Pairings for Cheese - Raspberries with Rose Petals and Sichuan Pepper 33g	No allergens declared in the reviewed information.	May contain traces of ALMONDS, PISTACHIOS, MACADAMIA NUTS and other TREE NUTS.	-
Candy Kittens Natural Sweets Eton Mess 54g	No allergens declared in the reviewed information.	Packed in a factory that handles peanuts, nuts, sesame and milk.	Vegan Recipe; Palm Oil Free
Candy Kittens Sour Watermelon 54g	No allergens declared in the reviewed information.	Packed in a factory that handles peanuts, nuts, sesame and milk.	Vegan Recipe; Palm Oil Free
Carrigaline Garlic & Herb Handmade Cheese 200g	Milk	No precautionary statement recorded in this review.	SUITABLE FOR VEGETARIANS. GLUTEN FREE.
Carrigaline Original Handmade Cheese 200g	Milk	No precautionary statement recorded in this review.	SUITABLE FOR VEGETARIANS. GLUTEN FREE.
Carrigaline Smoked Handmade Cheese 200g	Milk	No precautionary statement recorded in this review.	SUITABLE FOR VEGETARIANS. GLUTEN FREE.
Chocca Mocca Blueberries Dipped in Blueberry Chocolate 110g	Milk; Soya	Made in a factory that uses nuts and peanuts.	Suitable for vegetarians.
Chocolate Shortbread Jellystar Hassetts 150g	Wheat; Milk; Soya	It may also contain Nuts, Eggs, Sesame, Sulphites, and other cereals containing Gluten.	-

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Chocolate Viennese Soft Butter Biscuit 150g	Wheat; Milk; Soya	It may also contain Nuts, Eggs, Sesame, Sulphites, and other cereals containing Gluten.	-
Craic Black Garlic Ketchup 260g	Sulphites; Mustard	No precautionary statement recorded in this review.	-
Creamy Organic Pistachio Spread 250g	Pistachios; Almonds	May contain traces of peanuts and other nuts.	Certified organic; vegan; gluten-free; palm oil-free; recyclable, plastic-free packaging.
Crossogue Handmade Country Fruit Chutney 225g	Mustard	No precautionary statement recorded in this review.	-

D

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Dark Chocolate Enrobed Cherries 40g	Soya	Our chocolatier also handles milk, peanuts, nuts & sesame.	-
Dark Chocolate Peppermint Thins 150g	Soya	May also contain traces of: milk and tree nuts.	Gluten free; Suitable for vegans
Dessert Collection Lily O'Brien's 210g	Milk; Soya; Sulphites; Hazelnuts; Wheat; Egg	No precautionary statement recorded in this review.	These chocolates are not suitable for vegetarians.
Diablo Milk Chocolate Bubble Bar 30g	Milk; Soya	May contain traces of peanuts and nuts.	No added sugar; Gluten free
Direct From Apiary Kind Bee Honey 250g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Ditty's Handmade Irish Oatcakes 150g	Oats; Milk; Wheat	Made in a nut environment.	SUITABLE FOR VEGETARIANS
Dutch Style Chocolate Waffles Tregroes 260g	Wheat; Milk; Egg; Soya	No precautionary statement recorded in this review.	No Artificial Colours, Flavours or Preservatives; No Nuts; GM Free; Suitable for Vegetarians.
Dutch Style Dark Chocolate Waffles Tregroes 260g	Wheat; Milk; Egg; Soya	No precautionary statement recorded in this review.	No Artificial Colours, Flavours or Preservatives; No Nuts; GM Free; Suitable for Vegetarians.
Dutch Style Toffee Waffles Tregroes 260g	Wheat; Milk; Egg; Soya	No precautionary statement recorded in this review.	No Artificial Colours, Flavours or Preservatives; No Nuts; GM Free; Suitable for Vegetarians.

E

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Eat Real Hummus Chips Tomato & Basil 45g	No allergens declared in the reviewed information.	May contain celery.	-
Ethical Earl Grey Tea Bags from NEMI	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Ethical English Breakfast Tea Bags from NEMI	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Ethical Spicy Chai Tea Bags from NEMI	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-

F

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Fenner's Chilli Biltong 30g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	Gluten free; MSG free
Fenner's Original Biltong 30g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	Gluten free; MSG free
Forest Feast 60% Cocoa Dark Chocolate Mango 100g	Soya	Our chocolaterie also handles milk, peanuts & nuts.	Vegan; Gluten Free
Fresh Chocolate Sponge Cake 400g	Wheat (gluten); Eggs; Milk; Soya	No precautionary statement recorded in this review.	-
Fruit and Nut Milk Chocolate Bar Skelligs 75g	Milk; Hazelnuts; Soya	No precautionary statement recorded in this review.	-

G

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
G/F Dark Chocolate Almonds Lightly Salted Forest Feast 120g	Soya; Almonds	Our chocolaterie also handles milk, peanuts and other nuts.	Vegan; Gluten Free
GF Chocolate Indulgence Biscuit Cake 500g	Soya	Baked in a kitchen that uses nuts.	GLUTEN & WHEAT FREE; VEGAN; ALWAYS WITHOUT: GLUTEN, WHEAT, DAIRY, GMO, YEAST, EGG, ARTIFICIAL COLOURS, FLAVOURS, PRESERVATIVES, HYDROGENATED FATS; SUITABLE FOR VEGANS & VEGETARIANS.
Gourmet Cranberry Sodabread Toasts with Hazelnut Foods of Athenry 100g	Milk; Hazelnuts	These toasts are made in a bakery that uses a variety of nuts - therefore they are not suitable for persons affected from any type of nut allergy.	Suitable for coeliacs; Suitable for vegetarians; Gluten Free; Wheat Free; Egg Free; Always without: wheat, gluten, egg, yeast, GMO, hydrogenated fats, artificial colours, flavours & preservatives
Gourmet Honeyed Sodabread Toasts with Rosemary Foods of Athenry 100g	Milk; Almonds	These toasts are made in a bakery that uses a variety of nuts - therefore they are not suitable for persons affected from any type of nut allergy.	Suitable for coeliacs; Suitable for vegetarians; Gluten Free; Wheat Free; Egg Free; Always without: Wheat, Gluten, GMO, Egg, Yeast, Hydrogenated Fats, Artificial Colours, Flavours & Preservatives.
Gourmet Multiseed Sodabread Toasts Foods of Athenry 100g	Milk	These toasts are made in a bakery that uses a variety of nuts - therefore they are not suitable for persons affected from any type of nut allergy.	Suitable for coeliacs; Suitable for vegetarians; Gluten Free; Wheat Free; Egg Free
Gourmet Multiseed with Cumin Sodabread Toasts Foods of Athenry 100g	Milk	These toasts are made in a bakery that uses a variety of nuts - therefore they are not suitable for persons affected from any type of nut allergy.	Suitable for coeliacs; Suitable for vegetarians; Gluten Free; Wheat Free; Egg Free

H

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Handcrafted Caramel Fingers Holmes Bakery 200g	Milk; Wheat; Soya	May also contain Egg, Nuts, Sulphites, Peanuts and Sesame.	-
Handcrafted Enrobed Shortbread Holmes Bakery 200g	Milk; Wheat; Soya	May also contain Nuts, Sulphites, Peanuts, Sesame and Egg.	-
Handmade Orange Chocolate Brittle Skelligs 150g	Milk; Soya	Produced in a factory that handles nuts.	-
Holmes Traditional Handmade Christmas Pudding 180g	Wheat (gluten); Soya; Barley (gluten); Eggs; Almonds; Sulphur dioxide and sulphites	May also contain Milk, Peanuts and Sesame.	-
Holmes Traditional Large Handmade Christmas Pudding 420g	Wheat (gluten); Soya; Barley (gluten); Eggs; Almonds; Sulphur dioxide and sulphites	May also contain Milk, Peanuts and Sesame.	-

I

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Islander Kelp Tapenade 100g	Soya; Sulphites	No precautionary statement recorded in this review.	Plant based
Islander Rathlin Kelp Relish 100g	Mustard; Celery	No precautionary statement recorded in this review.	Plant based

J

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Joe & Seph's Dark Chocolate Popcorn Bites 63g	Milk; Soya	May also contain nuts, peanuts and sesame seeds.	Gluten Free
Joe & Seph's Milk Chocolate Popcorn Bites 63g	Milk; Soya	May also contain nuts, peanuts and sesame seeds.	Vegetarian Friendly; Gluten Free

L

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Lecale Harvest Farmhouse Pâté 90g	Sulphites; Eggs	No precautionary statement recorded in this review.	-
Lecale Harvest Slow Cooked Pork Belly - Kilmegan Cider Sauce 350g	Sulphites; Milk; Gluten	No precautionary statement recorded in this review.	-
Lecale Harvest Slow Cooked Pork Belly - Spices & Herbs 300g	Sulphites	No precautionary statement recorded in this review.	Gluten Free; Dairy Free
Lemon, Orange & Grapefruit Marmalade Handmade Preserve Brownlees 110g	Milk	Prepared in a factory which handles nuts.	Gluten free
Lindor Milk Truffles Lindt 200g	Milk; Soya; Barley (gluten)	May contain hazelnuts and other nuts.	-
Lindt Bunny Sleigh 5pk 50g	Milk; Soya; Barley (gluten)	May contain hazelnuts, almonds and other nuts.	-

M

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Madagascan Vanilla & Dark Chocolate Nutritious Nut Bar 37g	Peanuts; Soya; Almonds	May contain traces of milk and other tree nuts.	-
MeltingPot Traditional Butter Fudge 90g	Milk	May also contain soya, traces of nuts and peanuts.	GLUTEN FREE.
MeltingPot Vegan Vanilla Fudge 90g	No allergens declared in the reviewed information.	Packaging: "May contain traces of milk, soya, peanuts and nuts." Website text supplied by the user: "Ingredients containing milk are handled in the factory. May contain traces of soya, peanuts and nuts."	VEGAN; GLUTEN FREE; No milk.
Montezuma Giant 60% Dark Chocolate Buttons 120g	Soya	MAY CONTAIN TRACES OF MILK, TREE NUTS & PEANUTS.	VEGAN. FREE FROM: COLOURINGS, GLUTEN, GM & PRESERVATIVES. NO PALM OIL, EVER.

N

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Natural Leaf Tea Tin SD Bells 125g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-

O

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Olly's Farm Single Origin Honey 227g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Organic Irish Chocolate Chip Cookies Kilbeggan 200g	Milk; Oats; Wheat; Soya	Made in a bakery which uses eggs, sesame and tree nuts.	-
Organic Irish Oat Cookies Kilbeggan 200g	Milk; Oats; Wheat	Made in a bakery which uses eggs, sesame, soya and tree nuts.	-
Organic Lemongrass & Ginger Tea Bags from NEMI	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-

P

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Parmesan & Pepper Roasted Nut Mix Forest Feast 120g	Almonds; Cashew nuts; Peanuts; Pecan nuts; Milk	May contain other nuts & soya.	Gluten Free
Pickled Gooseberries in Apple & Elderflower Vinegar 130g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Pickled White Garlic Cloves 260g	Sulphites	No precautionary statement recorded in this review.	-
Pistachio Crisp Milk Chocolate Covered Dates 120g	Milk; Pistachios; Wheat (gluten); Soya; Barley (gluten)	Our chocolaterie also handles peanuts and other nuts.	Vegetarian
Pujado Solano Black Olive Tapenade with Anchovy 120g	Fish	No precautionary statement recorded in this review.	-
Pâtes des Fruit Pure Jellies Pandora Bell 150g	No allergens declared in the reviewed information.	Packed in an environment that handles nuts.	Vegan friendly; Gluten free; Fat free; Made with natural colours and flavours; No added preservatives; GM free.

R

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Rhubarb & Ginger Handmade Preserve Brownlees 220g	Milk	Prepared in a factory which handles nuts.	Gluten free

S

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Salted Caramel & Dark Chocolate Perkier Peanut Bar 35g	Peanuts; Soya	May contain traces of milk & tree nuts.	-
Sea Salt Dark Lindt Chocolate Bar 100g	Milk; Soya	May contain hazelnuts, almonds, other nuts and milk.	-
Seville Orange Hot Chocolate Spoon 40g	Milk; Soya	May contain gluten, tree nuts and peanuts.	-
Shindigs Ridge Cut Gourmet Crisps - Mature Irish Cheddar & Sweet Onion 90g	Milk	No precautionary statement recorded in this review.	GLUTEN FREE. Suitable for Vegetarians.
Shindigs Ridge Cut Gourmet Crisps - Whiskey Smoked Bacon 90g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	GLUTEN FREE.
Slow Roasted Salt & Vinegar Nut Mix Forest Feast 40g	Peanuts; Cashew nuts; Almonds; Pecan nuts	Our roastery also handles other nuts, soya & milk.	Vegan | Gluten Free
Smoked Chilli and Sesame Seed Crackers 125g	Wheat; Milk; Sesame	It may also contain Nuts, Egg, Soya and Sulphites.	-
Spanish Sardines in Olive Oil 115g	Fish	May contain traces of crustacean and molluscs.	-
Sparkling Apple Juice LongMeadow 250ml	Sulphites	No precautionary statement recorded in this review.	-
Sparkling Apple Juice LongMeadow 750ml	Sulphites	No precautionary statement recorded in this review.	-
Special Occasion Chocolate Lollipop - Happy Birthday 65g	Soya; Milk	May contain NUT TRACES.	-
Special Occasion Chocolate Lollipop - Well Done 65g	Soya; Milk	May Contain NUT TRACES.	-
Strawberry Handmade Preserve Brownlees 110g	Milk	Prepared in a factory which handles nuts.	Gluten free
Strawberry Handmade Preserve Brownlees 220g	Milk	Prepared in a factory which handles nuts.	Gluten free
Summerdown Chocolate Peppermint Creams 200g	Soya	May also contain traces of: milk and tree nuts.	Gluten free; Suitable for vegans
Summerdown Dark Chocolate Heritage Peppermint Fondants 200g	Soya	May also contain traces of: milk and tree nuts.	Gluten free; Suitable for vegans
Summerdown Luxury Peppermint Pyramid Tea Bags x15	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	Naturally caffeine free

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Sweet Basil Olives Silver & Green 220g	No allergens declared in the reviewed information.	Caution: May contain traces of olive stones, nuts & seeds. Produced in a factory that handles nuts, peanuts and soya.	-
Swiss Almond Biscotti Biscuit Rhythm 108, 135g	Almonds	May contain traces of other nuts and peanuts.	Vegan | Organic | Gluten-free | No refined sugar
Swiss Chocolate Biscuit with Hazelnut Rhythm 108, 135g	Oats; Hazelnuts	May contain traces of other nuts and peanuts.	Vegan | Organic | Gluten-free | No refined sugar
Swiss Chocolate Hazelnut Spread 250g	Hazelnuts	May contain traces of peanuts and other nuts.	Certified organic. VEGAN. GLUTEN-FREE.
Swiss Coconut Biscuit Rhythm 108, 135g	Oats	May contain traces of nuts and peanuts.	Vegan | Organic | Gluten-free | No refined sugar
Swiss Creamy Chocolate Orange Bar 33g	Oats; Hazelnuts	May contain milk and other tree nuts.	Organic; vegan friendly; gluten free; plastic-free packaging.
Swiss Vegan Creamy Coconut Bar 33g	Oats	May contain milk and tree nuts.	Organic; vegan friendly; gluten free; plastic-free packaging.
Swiss Vegan Hazelnut Praline Bar 33g	Hazelnuts	May contain milk and other tree nuts.	Organic; vegan friendly; gluten free; plastic-free packaging.

T

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
The Signature Chocolate Collection Butlers 200g	Milk; Almonds; Hazelnuts; Soya	This product may contain traces of cereals containing gluten.	Suitable for vegetarians; No palm oil; There is no alcohol in this selection.
Tin of 40 Tea Bags SD Bells 125g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	-
Truffle & Pecorino Roasted Nut Mix Forest Feast 120g	Peanuts; Cashew nuts; Almonds; Pecan nuts; Milk; Macadamia nuts	Our roastery also handles other nuts & soya.	Gluten Free

V

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Velvety Chocolate Peppermint Truffles 100g	Milk; Soya	May also contain traces of tree nuts.	Gluten free; Suitable for vegetarians

W

Product	Contains	May contain / precautionary statement	Dietary / free-from claims
Wallaroo Organic Toasted 100% Coconut Chips 30g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	Vegan; Gluten Free; Nut Free; Organic; High Fibre; Nothing Added 'Ever'
Willies Cacao Rio Caribe 72 Chocolate Chef Drops 150g	No allergens declared in the reviewed information.	No precautionary statement recorded in this review.	VEGAN

Need help? If you are choosing a gift for someone with an allergy or intolerance, contact Basketsgalore before ordering so the current product information can be checked with you.